



# LAUREN MICHELS, D.O.

## Woodlands Family Medicine

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17521 St. Luke's Way, Ste. 190 -- The Woodlands, TX. 77384  
phone -- 936.447.9483 fax -- 936.231.8200

## EXPERIENCE

**FAMILY PHYSICIAN 2018**  
WOODLANDS FAMILY MEDICINE  
The Woodlands, TX

**FAMILY MEDICINE RESIDENCY 2015-2018**  
MACLAREN GREATER LANSING/MICHIGAN  
STATE UNIVERSITY  
Lansing, MI

## EDUCATION

**DOCTOR OF OSTEOPATHIC MEDICINE 2015**  
MICHIGAN STATE UNIVERSITY  
East Lansing, MI

**BACHELOR OF SCIENCE 2010**  
GRAND VALLEY STATE UNIVERSITY  
Allendale, MI

## CERTIFICATIONS

**AMERICAN OSTEOPATHIC BOARD OF FAMILY  
MEDICINE**  
2018 - present

**TEXAS MEDICAL BOARD**  
2018 - present

## PROFILE

Dr. Michels values having a close and personal relationship with her patients. She is a strong advocate for her patients' health. She believes in better health through education and shared decision making. She is skilled in the care of all ages.

In her spare time she enjoys spending time with her husband Nick and their two boys. In addition to spending time with friends and family, she also enjoys traveling, hiking, skiing and golf.

## CLINICAL INTERESTS

- PREVENTIVE MEDICINE
- WOMEN'S HEALTH
- MUSCULOSKELETAL PROBLEMS
- OSTEOPATHIC MANIPULATION

DR. MICHELS IS ALSO SKILLED IN COMPREHENSIVE MEDICAL TREATMENT INCLUDING DIABETES, HYPERTENSION, CARDIOVASCULAR HEALTH, DERMATOLOGY AND SKIN CONDITIONS, JOINT INJECTIONS AND MORE!